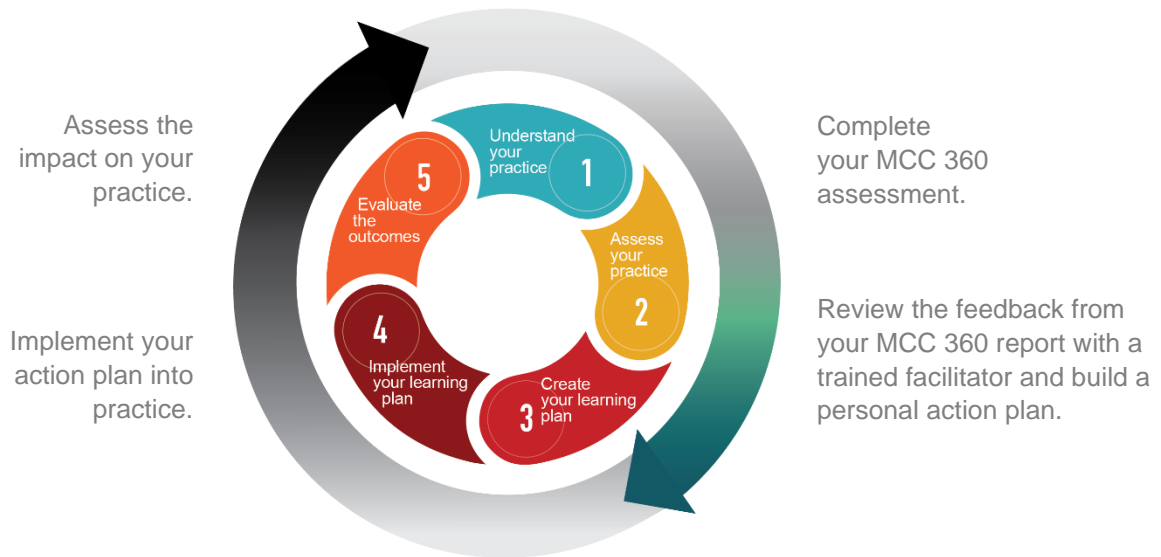




Guide to Continuing Professional Development (CPD) credits with MCC 360



PPI CYCLE

Figure based on Federation of Medical Regulatory Authorities of Canada (FMRAC)'s Physician Practice Improvement (PPI) cycle.

DID YOU KNOW you can earn Continuing Professional Development (CPD) credits for completing an MCC 360 and implementing your learning change or action plan into practice?

1. Complete your MCC 360 assessment

Applies to Step 1: Understand your practice, Step 2: Assess your practice and Step 3: Create your learning plan of the PPI cycle of the above Figure.

By completing the MCC 360 program, you are eligible for 3 CPD credits per hour from the College of Family Physicians of Canada (CFPC) or the Royal College of Physicians and Surgeons of Canada (RCPSC).

You may earn up to 12 credits for completing the MCC 360 program and participating in a coaching session with a trained facilitator. If you participated in two coaching sessions, you may earn up to 15 credits. The amount of CPD credits earned is dependent on how much time you devoted to the activity.

2. Implement your learning change or action plan into practice

Applies to Step 4: Implement your learning plan and Step 5: Evaluate the outcomes of the PPI cycle of the above Figure.

You may earn additional CPD credits through the CFPC or the RCPSC by implementing your learning change or action plan into your medical practice. Outlined below are the steps to earn the additional CPD credits through CFPC and RCPSC after completion of the MCC 360 program.

Earn CFPC Mainpro+® certified credits

Complete a **Linking Learning** exercise:

- Formulate a question that reflects how the information from your MCC 360 will impact your practice
- Take the time to assess the impact on your practice (e.g., six to 12 weeks), then complete the online form

Each linking learning exercise is eligible for five (5) Mainpro+® certified credits. There is no limit to the number of exercises that can be completed in a 5-year CPD cycle.

For more information, please refer to CFPC's [*Linking Learning exercises*](#).

Earn RCPSC Maintenance of Certification (MOC) credits

Develop an **Annual Performance Review** using the PPI cycle figure on p. 1:

- Use the data and assessment along with your action plan goals from your MCC 360 (steps 1 through 3 in the PPI cycle figure)
- Take one or more of your action plan goals and set metrics for how to evaluate your success in achieving the goal(s)
- Implement your action plan to achieve the goal, then self-assess against the chosen metrics
- Obtain feedback from a trusted peer to complete the activity (steps 4 and 5 in the PPI cycle figure)

MOC Program, Section 2, Personal Learning Projects (PLPs) credits

The *learning stimulated by development and research* of a specific question or issue (e.g., research and development based on the feedback from **the Annual Performance Review** to further strengthen your learning) can be submitted as *Section 2, Personal Learning Projects (PLPs)* where you will earn two (2) credits per hour.

MOC Program, Section 3, Practice Assessment credits

The *feedback received* on your performance or contributions to an event or process (e.g., reviewing and reflecting on the **Annual Performance Review** feedback received from your MCC 360) counts for *Section 3, Practice Assessment* credits where you will earn three (3) credits per hour.

For more information, please refer to the RCPSC's [*CPD activities you can record*](#).